

If coaches or players test positive within 48 hours of practice, we will quarantine the team for 5 days to make sure there are no further outbreaks.

If at that time the team has had no further outbreaks, practice will resume.

After a 5-day quarantine, individuals who have had a positive test will have to have a negative test to come back at 7 to 10 days or after the 10 days may come back.

If a coach tests negative after 7 days, they can come back to practice but must remain masked until they pass the 10-day mark.

If a player has a parent or sibling test positive, they must remain at home 3-5 days. That player will need a negative test to be able to resume practice with the team.

This variant is fast moving and will most likely be transmitted by day 3 at most day 5. It just isn't as bad if you have been vaccinated.

All coaches will be watching your players for unusual signs of fatigue and will inform the parents if they feel necessary to bring to their attention.

We are asking the coaching staff to help each other out by attending another team's practice if that coach is out, to help coach during a tournament.

If a team is considered missing more practices than expected, all efforts will be made to reschedule. This will all depend on court and time availability for each location – Ultimate and Titan.

This is how we will be moving forward for now or until further guidelines are changed or are necessary.

UPVBC Staff